

Family ID: _____

Colorado Family Support Assessment

This assessment is being used to find out about the level of support needed by families across various areas of life. The advocate should complete the assessment in the context of caring discussion and dialogue with the family. Identifying a family's level of need for support and their target goals is best done with input from **both** the family and the advocate.

- **This assessment is for families that are receiving the more intensive, longer-term family support services.** These services are usually deliberate and coordination occurs between families, advocates and other agencies.
- All of the domains do not need to be completed during one session. The assessment may be filled out within one session for some families; with other families it may take a few sessions to discuss and score all of the domains. **Complete the date field in each column only after entering a score for every domain.**
- There are two possible scores for each domain: the current score and a goal score. **The current score is required for every domain.** You may, however, also choose to set goals with the family. If a domain does not apply to a family, put a zero ("0") for "Does not apply" in the score field. Most domains should apply to most families. Only complete the assessment for those categories that are discussed with the family.
- The first eight domains listed are very important to collect data on as they are areas for which FRCA receives specific funding. You may skip around on the assessment as needed, but **make sure to address all of the domains.**
- **The benchmarks are examples of what may fall under the scores. They are not all-inclusive. They are there to serve as a guide** to help you determine with the family what level of support they may need.

Please only complete for family member being interviewed:

Gender: <input type="radio"/> Male <input type="radio"/> Female	Date of Birth: _____ (mo/day/yr)
Race/Ethnicity <input type="radio"/> American Indian or Alaskan Native <input type="radio"/> Asian <input type="radio"/> Black/African American <input type="radio"/> Hispanic/Latino/Spanish <input type="radio"/> Native Hawaiian or Other Pacific Islander <input type="radio"/> White/Caucasian <input type="radio"/> Other	Number of children you support: <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 or more <input type="radio"/> None
Marital/Relationship Status: <input type="radio"/> Single <input type="radio"/> Divorced <input type="radio"/> Married <input type="radio"/> Widowed <input type="radio"/> Separated <input type="radio"/> Domestic partner (living together unmarried)	

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DOMAIN	SCORE 1 Date Completed:	FOLLOW UP 1 (30-60 days post) Date Completed:	FOLLOW UP 2 (60-90 days post) Date Completed:	1 Immediate support is critical (urgent situation)	2 Support needed to help family move toward stability	3 Family making progress toward stable life situation	4 Family is stable, safe and moving toward thriving	5 Family is thriving!
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EXAMPLE BENCHMARKS											
	Current	Goal	Current	Goal	Current	Goal					
Adult Education*							Language acquisition or literacy difficulties, and/or no high school diploma/GED. Not enrolled in educational programs for these.	Enrolled in literacy and/or GED and/or ESL program and is making progress.	Earned high school diploma/GED and completed language acquisition and/or ESL classes.	Engaged in additional education/training to improve life situation.	Completed additional education/training, improving family's economic and social opportunities.
Children's Education*							Children not enrolled in school and/or educational programs. No reading at home with child.	Not all children engaged in educational services. Minimal educational progress being made; little to no reading at home with child.	Children enrolled in school and/or educational programs but not achieving at expected level for age.	Children enrolled in adequate educational programs and are making progress toward developmental milestones.	All children enrolled in desired school and/or educational programs and are performing at or beyond developmentally appropriate level.
Employment*							No job.	Temporary, part-time or seasonal employment; wage not livable, no benefits.	Permanent or full time employment but wage not livable; few or no benefits.	Employed full time with livable wage and some benefits.	Permanent, full-time employment with livable wage and benefits (or other employment that meets family needs).
Family Relations*							Unsafe relationships; domestic violence/abuse is present.	Relationship support not readily identifiable. Potential for abuse or neglect.	Potential for support identifiable. Seeks to work on improving relationships.	Relationships are becoming stable and healthy. Communication more open and supportive.	Healthy relationships with significant others; relationships are stable, loving and supportive.
Financial*							No income.	Inadequate income and/or difficulty budgeting. Receive subsidies/support. Lack of discretionary income.	Can meet basic needs with subsidy/support; learning to budget and manage income.	Can meet basic needs and manage debt without support. Uses a budget regularly.	Income is sufficient and well managed; has extra income, is able to save.
Health Care Access*							Immediate need for health care but no insurance and/or access to either conventional or alternative services.	No insurance and/or access to health care (e.g., no providers in vicinity, cannot afford co-pay, etc.)	Some members of family have access to health care when needed.	All members of family have access to health care when needed, but may strain budget.	All members have access to health care and dental care when needed.

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DOMAIN	SCORE 1		FOLLOW UP 1 (30-60 days post)		FOLLOW UP 2 (60-90 days post)		1	2	3	4	5
	Date Completed:	Date Completed:	Date Completed:	Date Completed:	Immediate support is critical (urgent situation)	Support needed to help family move toward stability	Family making progress toward stable life situation	Family is stable, safe and moving toward thriving	Family is thriving!		
Housing*							Homeless or facing possible eviction.	In transitional or temporary housing and/or current rent/mortgage payment is unaffordable.	In stable housing that is safe but unaffordable and/or marginally adequate.	Household is in safe, adequate subsidized housing.	Household is in safe, adequate, unsubsidized and affordable housing.
Parenting Skills*							New to parenting and/or not familiar with child development concepts	Parenting skills still developing. Could benefit from parenting classes.	Feels that parenting skills are adequate although aware of areas of growth. Has received knowledge around parenting.	Parenting skills are adequate and/or has taken parenting classes.	Parenting skills are well developed. Feels confident in knowledge about healthy/nurturing parenting.
Childcare							Need childcare, but none is available/accessible and/or child is not eligible for CCAP.	Childcare is unreliable or unaffordable.	Affordable subsidized childcare is available, but limited (e.g., few/no vacancies, etc.).	Reliable, affordable childcare is available, no need for subsidies.	Able to select quality childcare of choice.
Food							No food or means to prepare it. Relies on support from sources of free or low-cost food.	On food stamps or needs support on a regular basis. Nutritional content could be improved.	Can meet basic food needs with occasional support.	Can meet basic food needs without support.	Ability to purchase nutritional food household desires.
Legal							Unresolved legal issues such as divorce, charges, child support, requiring immediate attention.	Current charges and/or trial pending, in need of legal assistance to resolve; not sure where to get help.	Compliance with legal issues and/or pending cases but not fully resolved.	Successful closure of legal issues; knows how and where to access affordable legal assistance.	No pending or new legal issues whatsoever. Able to access affordable legal assistance if necessary.
Mental Health							Experiencing severe difficulty in day-to-day life due to mental health challenges. Mental health needs are not being met; doesn't know where to go to get help.	Feels that mental health symptoms may get in the way of daily living; not sure what to do or where to go for help. Could benefit from mental health services.	Identified mental health needs and working towards getting them met. Has access to affordable or free services.	Needs are being managed. Only minimal symptoms that are expected responses to life stressors.	Feels good about mental health—does not need any assistance in this area; knows where to go for affordable assistance if help was needed.

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Mobility							No access to transportation (public or private) or personal vehicle is not working.	Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car and driver are adequately insured.
Substance Use							Severe use/dependence; institutional living or hospitalization may be helpful. Help not sought.	Substance use negatively affects the individual and/or the family. Wants help.	Addressing substance use issues; currently participating in affordable or free services.	Substance use has not affected the family's life for a period of time. No recurrent dangerous use.	No drug/alcohol abuse. Healthy attitude toward use.
Support Network							Lack of necessary support from family/friends.	Family/friends can be supportive, but lack resources to help when needed.	Some support from family/friends when necessary.	Strong support from family/friends. Knows how/where to access resources when needed.	Family has healthy support network and is able to be a resource to others.
Utility Assistance							Have a utility cut-off notice or an outstanding bill, with no resources to pay bill, reconnect fees, etc.	Lack of or very little resources available to pay utility bills on an on-going basis. Receives LEAP or Energy Outreach Colorado support.	Need help during months when bill is higher. Bills strain budget.	Usually able to pay bill, but experience occasional emergencies.	Able to pay utility bills on an on-going basis.

Notes (for Family Center purposes only): -

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